

This email is going to all PFT Members

January 14, 2022<sup>[L]</sup><sub>[SEP]</sub>

Dear PFT Members,

The CDPH updated their COVID-19 guidance late last night. It now includes a recommendation to notify the entire class that they may have been a close contact when a student is positive, rather than contact tracing and notifying close contacts individually. Exposed students will be allowed to remain in school and monitor for symptoms, with testing recommended 3-5 days after exposure. Below are the pertinent details. If you are interested, you can view the most current [CDPH Guidance](#), the [CDPH K-12 Schools Guidance 2021-22 Questions and Answers](#) and the [CDPH Group-Tracing Approach to Students Exposed to COVID-19 in a K-12 setting](#). Let me know if you have questions or need support.

In Unity,  
Kelly

***Recommendations for students exposed to someone with COVID-19 in a K-12 school:***

1. *Schools should notify students who spent more than a cumulative total of 15 minutes (within a 24-hour time period) in a shared indoor airspace (e.g., classroom) with someone with COVID-19 during their period of infectiousness.*

1. *Notification should occur to "groups" of exposed students (e.g., classmates, teammates, cohorts, etc.) rather than contact tracing to identify individual "close contacts" (e.g., those within 6 feet).*

2. *Notifications should be provided to all individuals considered exposed, including those who are vaccinated and/or recently infected.*

1. *For example, if a student in tenth grade is diagnosed with COVID-19, the school should notify groups with whom that student interacted as per the criteria above, such as those in the same classes, sports team, and/or other extracurricular cohorts.*

3. *A sample notification letter is available [here](#) for school edit and use.*

2. *Exposed students, regardless of COVID-19 vaccination status or prior infection, should get tested for COVID-19 with at least one diagnostic test obtained within 3-5 days after last exposure.*

1. *In the event of wide-scale and/or repeated exposures, broader (e.g., grade-wide or campus-wide) once weekly testing for COVID-19 may be considered until such time that exposure events become less frequent.*

2. *Any FDA-approved antigen diagnostic test, PCR diagnostic test, or pooled PCR test is acceptable for evaluation of an individual's COVID-19 status. For individuals who have been recently infected (within the past 90 days), antigen testing is strongly recommended as PCR results may remain persistently positive and not be indicative of a new active infection. Repeat antigen testing and/or confirmatory molecular testing should be considered in individuals who receive a negative result with an antigen test but have symptoms specific for COVID-19 (such as loss of taste and smell).*

3. *Exposed students who participate in testing may continue to take part in all aspects of K-12 schooling, including sports and extracurricular activities, unless they develop symptoms or test positive for COVID-19. They should test as recommended in Section (2), report positive test*

*results to the school, and follow other components of this guidance, including wearing face-coverings as directed.*

- 1. Exposed students who develop symptoms should see Section 4 of the [K-12 Guidance](#).*
- 2. Exposed students who receive a positive test result should isolate in accordance with Section 10 of the [K-12 Guidance](#).*

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