

**POWAY UNIFIED SCHOOL DISTRICT
PERSONNEL SUPPORT SERVICES**

DATE: August 1, 2007
TO: All Employees
FROM: William R. Chirgent, Associate Superintendent,
Personnel Support Services

SUBJECT: EMPLOYEE ASSISTANCE SERVICE FOR EDUCATION (EASE)

The District is pleased to introduce you to EASE. This program is designed to provide free counseling services to you and your dependents on a wide variety of issues. Additionally, EASE is completely confidential; the District would have no knowledge of an employee using EASE unless informed by the employee. EASE is offered at NO COST TO YOU.

Enclose is a copy of the EASE newsletter.

EASE currently serves more than 30 San Diego County school districts and the San Diego County Office of Education. This represents more than 40,000 employees. All District permanent and probationary employees and their eligible dependents are eligible for EASE services.

We have received positive feedback from employees who have use Ease. I strongly encourage use of the program to all employees and their eligible dependents for whom these services might prove helpful. If you have any questions regarding the program, please note the following telephone numbers:

EASE: 858-277-EASE (3273)
Toll Free: 1-800-722-EASE (3273)